

WEDNESDAY 7 PART PEER WEBINAR SERIES 2020 SMARTSAFEHEALTH LLC¹

(Jen Padron, Paul Komarek and Kate Spelman)

1:00 – 2:30 PM EST

- 1) MARCH 18, 2020 – Innovations and Trends in Peer Support
Jen Padron, M.Ed, CPS | Thomas Lane, Magellan

- 2) MARCH 25, 2020 – Integrity and Ethics of Peer Supports
Kevin Fitts, CPS | Celia Brown, CPS

- 3) APRIL 1, 2020 – Where do you find meaning in Peer Support?
Steve Samrah, BRSS TACS and ORC | Dr. Daniel Fisher, MD, The National Coalition for Mental Health Recovery

- 4) APRIL 8, 2020 – Supervision of Peer Support
Braunwynn Franklin, CPRS | Celia Brown, CPS

- 5) APRIL 15, 2020 – The Business of Peer Supports
Thomas Lane, Magellan | Jen Padron, M.Ed, CPS

- 6) APRIL 22, 2020 – Behavioral Health Treatment Options and Acceptance
Kelly Doyle, ACPS | Kate Spelman, RN @ Peerpocalypse 2020, Seaside, Oregon

- 7) APRIL 28, 2020 – Who is a Peer Supporter, Anyways?
Braunwynn Franklin, CPRS | Daphne A. Klein, ACPRS, CEO OOOMC

¹ Smartsafehealth LLC, Cincinnati, Ohio | Paul Kamarek, Jen Padron, Kate Spelman, Hosted by smartsafehealth LLC on Professional+ Zoom (jennifempadron@gmail.com) | Practitioner, Provider, Clinician \$15/series, \$5/indiv | Peer, CPS, In Training \$15/Series, \$5/indiv.

7 WEBINAR SERIES GOALS & OBJECTIVES MARCH 18 – APRIL 29, 2020

Webinar Objective 1-Develop a better understanding of the particular knowledge, skills and values as they relate to Peer Supports and Recovery Community type(s).

Webinar Objective 2-Develop a better understanding of Peer Supports and how to use them to advantage for individual and group members.

Webinar Objective 3-Develop a beginning understanding of the Peer Supports and the US Peer Workforce.

Webinar Objective 4-Develop a beginning understanding of particular types and purposes of groups for meeting the needs of individuals, organizations, and communities through Peer Supports deliverables

Webinar Objective 5-Develop better the process to recognize the impact of socio-cultural forces and other aspects of diversity on the group, as well as the Webinar Co-Presenters.

Webinar Objective 6-Continue developing competence in terms of critical thinking and problem-solving skills, as well as enhancing self-awareness relative to Peer Supports.

Webinar Objective 7-Develop a beginning understanding of how social work values and ethics apply to Peer Supports and the US Peer Workforce.

**COURSE GOALS & OBJECTIVES, COMPETENCIES, DIMENSION APPLICATION
KNOWLEDGE, SKILL AND VALUES**

SAMHSA has identified *four major dimensions that support a life in recovery*²:

1. Health—Learning to overcome, manage or more successfully live with the symptoms and making healthy choices that support one’s physical and emotional wellbeing;
2. Home—A stable and safe place to live;
3. Purpose—Meaningful daily activities, such as a job, school, volunteer work, or creative endeavors; and, increased ability to lead a self-directed life; and meaningful engagement in society; and
4. Community—Relationships and social networks that provide support, friendship, love, and hope Peer workers help people in all of these domains.

² Retrieved March 7, 2020 https://www.samhsa.gov/sites/default/files/programs_campaigns/brss_tac/core-competencies_508_12_13_18.pdf

Core Competencies, Principles and Values Core Competencies for peer workers³ reflect certain foundational principles identified by members of the mental health consumer and substance use disorder recovery communities.

These are:

1 RECOVERY-ORIENTED: Peer workers hold out hope to those they serve, partnering with them to envision and achieve a meaningful and purposeful life. Peer workers help those they serve identify and build on strengths and empower them to choose for themselves, recognizing that there are multiple pathways to recovery.

2 PERSON-CENTERED: Peer recovery support services are always directed by the person participating in services. Peer recovery support is personalized to align with the specific hopes, goals, and preferences of the individual served and to respond to specific needs the individuals has identified to the peer worker.

3 VOLUNTARY: Peer workers are partners or consultants to those they serve. They do not dictate the types of services provided or the elements of recovery plans that will guide their work with peers. Participation in peer recovery support services is always contingent on peer choice.

4 RELATIONSHIP-FOCUSED: The relationship between the peer worker and the peer is the foundation on which peer recovery support services and support are provided. The relationship between the peer worker and peer is respectful, trusting, empathetic, collaborative, and mutual.

5 TRAUMA-INFORMED: Peer recovery support utilizes a strengths-based framework that emphasizes physical, psychological, and emotional safety and creates opportunities for survivors to rebuild a sense of control and empowerment.

Webinar Goals & Outcomes 1 - Develop a better understanding of the particular type of fundamental knowledge, skills and values as they relate to types of and *Innovations and Trends in Peer Support*.

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – US Peer Workforce business innovations and trends

Skill – Establish familiarity and collateral knowledge of Workforce initiatives nationwide

Values – Learning, practice and ability to discern between model and functional application for Peer Supports

³ Ibid.

Webinar Goals & Outcomes 2 - Develop a better understanding of *Integrity and Ethics of Peer Supports*.

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – US Peer Core Competencies, Principles and Practice of Recovery, Integrity and Ethics of Peer Supports

Skill – Establish familiarity and collateral knowledge of the SAMHSA and US CPS Core Competencies, Principles and modes of Recovery

Values- Learning, practice and ability to discern meaning and practical applications of Core Competencies, Principles and understanding the 4 Recovery tenets

Webinar Goals & Outcomes 3 - Develop a beginning understanding of the stages of individual CPS development in *Where do you find meaning in Peer Support?*

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – Exploring what is the meaning for one’s work in Peer Supports as a Certified Peer Specialist (and Endorsements, 2020)

Skill – Establish a familiarity and access collateral knowledge of Peer Support and what it means to you with learning and practice as a CPS in the US

Values- Learning and practice with ability the discernment between meaning in mutual Peer Support applied work in multivarious care environments

Webinar Goals & Outcomes 4 Develop a beginning understanding of specific supervision within *Supervision of Peer Support*.

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – Defining Supervision and Functional Applications for the CPS in working with Clinical Supervision

Skill – Master CPS Supervision for satisfactory individual practice

Values- Learning and mastering the terms of and types of Supervision of Peer Support in the US Peer Workforce and Integrated care environments

Webinar Goals & Outcomes 5-Develop better an understanding and beginning mastery on the process and the impact of monetizing Integrated Peer Supports and Deliverables in *The Business of Peer Supports*.

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – US Peer Workforce business monetizing innovations and trends

Skill – Establish familiarity and collateral knowledge of type of, application and models in use in the Peer Workforce initiatives nationwide

Values – Learning, practice and ability to discern between model and functional application for Peer Supports

Webinar Goals & Outcomes 6-Continue developing competence in terms of Recovery problem-solving skills, as well as enhanced self-awareness, relative to: *Behavioral Health Treatment Options and Acceptance*.

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – Exploring Behavioral Health treatment modalities, learning and practice for one's work in Peer Supports as a Certified Peer Specialist (and Endorsements, 2020)

Skill – Establish a familiarity and access collateral knowledge of Peer Support and what it means to you with learning and practice as a CPS in the US

Values- Learning and practice with ability the discernment between meaning in mutual Peer Support applied work in multivarious care environments

Webinar Goals & Outcomes 7-Develop a beginning understanding of how Peer Supports values and ethics apply to personal CPS practice: *Who is a Peer Supporter, Anyways?*

Competency 1,2,3,4,5

Dimension – 1,2,3,4

Knowledge – Exploring what is the meaning for one's work in Peer Supports as a Certified Peer Specialist (and Endorsements, 2020)

Skill – Establish a familiarity and access collateral knowledge of Peer Support and what it means to you with learning and practice as a CPS in the US

Values- Learning and practice with ability the discernment between meaning in mutual
Peer Support applied work in multivarious care environments